MEME Assignment

2/1/23



I couldn’t have found a more perfect meme to describe myself during quarantine. My boyfriend of a year had just broken up with me right before quarantine so I spent the entire time absolutely heartbroken and miserable. I couldn’t sleep so I would literally just lay in my room and listen to sad heartbreak music (pathetic, I know). I obviously couldn’t leave my house or do anything to distract myself so I genuinely would just lay and listen to music because my eyes would get so tired from scrolling on TikTok. The lack of emotions/tiredness on her face is so accurate when comparing my mental health state and lack of sleep during the quarantine. Not only does this represent how miserable I was from my break up, it also represents the way I would lay down and keep my one finger on my computer to swipe the mouse every once in awhile to keep the computer on during Zoom meetings for class. I actually have a teal rug in my room so this really hit home for me! I also appreciated the caption “I laughed at this as a child but this is literally how I deal with my life now” because its so true. The innocence of a child compared to the reality of what life actually turned into is crazy to think about, never in a million years did I think I would be heartbroken, locked in my room with nothing to do but mope and lay down staring at my ceiling listening to music. There were some points where my dad and I would lay on the porch and stare at the stars, which this picture honestly reminds me a lot of too. It’s crazy to think about how often I would literally just lay and stare at the ceiling getting lost in my thoughts because I was so emotionally and mentally unstable during the pandemic.